



Calendar Year: 2026/2027

PROGRAM PLANNING GUIDE

Name: _____

ID:

Bachelor of Arts

Urban and Regional Studies



Urban & regional studies (URS) delves into the physical, social, economic and political factors that shape our cities. It looks at the role of planning to manage dynamic forces of change such as immigration, global warming, aging populations, energy conservation, congestion, urban forests, homelessness and smog, to name just a few. As a URS student at the University of Lethbridge, you will learn to approach contemporary development challenges from various frames of reference.

What determines my program requirements?

Please refer to the Academic Calendar (www.ulethbridge.ca/ross/academic-calendar) for complete program information.

Calendar Year: 2026/2027 - Your calendar year is set to the academic year you are admitted (or readmitted) and you should follow the requirements for that year for the duration of your program.

Faculty/School: Faculty of Arts and Science (www.ulethbridge.ca/artsci)

Program(s): Bachelor of Arts

Major(s): Urban and Regional Studies

Minor: A defined set of courses, designed to provide depth in a particular discipline, study in an interdisciplinary area, or focus on a theme-related topic. To learn more about optional minors see www.ulethbridge.ca/ross/minors.

Am I admissible to this program?

Admission: www.ulethbridge.ca/ross/admissions/undergrad

Transfer: www.ulethbridge.ca/ross/transfer-resources

When/How do I apply to the University?

Deadlines: www.ulethbridge.ca/ross/admissions/undergrad/deadlines

Step-by-Step: www.ulethbridge.ca/ross/admissions/step-by-step

Where can I find information on courses?

Course Catalogue: www.ulethbridge.ca/ross/courses

Registration Guide: www.ulethbridge.ca/ross/registration-guide

When can I register for classes?

Register early! (March for Summer and Fall; November for Winter)

Registration Dates: www.ulethbridge.ca/ross/registration-dates

How can I enhance my program?

Career Bridge: www.ulethbridge.ca/career-bridge

Co-op Education: www.ulethbridge.ca/career-bridge/co-operative-education

Honours Thesis: www.ulethbridge.ca/ross/undergraduate-thesis

Double Major: www.ulethbridge.ca/ross/double-major

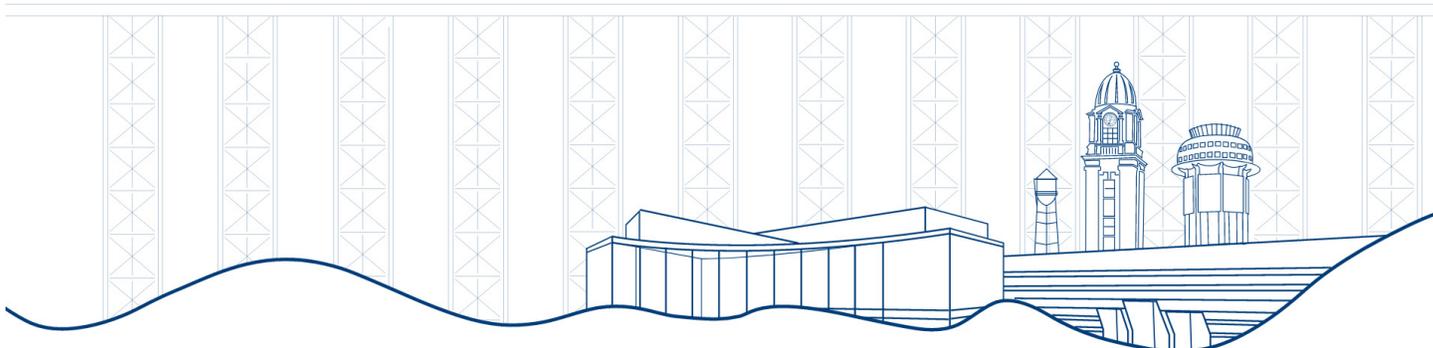
What supports are available to students?

Student Services: www.ulethbridge.ca/campus-life/student-services

Student Success Centre: www.ulethbridge.ca/student-success-centre

Accessible Learning: www.ulethbridge.ca/ross/alc

Counselling Services: www.ulethbridge.ca/counselling



Version: February 17, 2026

Contact an Academic Advisor (www.ulethbridge.ca/ross/academic-advising) for advising information

This is a planning guide and not a graduation check or guarantee of course offerings. You should have a program check done in your final year of studies. Students are responsible for ensuring they have met program requirements. This guide should be used in conjunction with the University of Lethbridge Academic Calendar, which is the final authority on program requirements and academic regulations.



Required courses and notes

Name: _____

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Major Requirements (20 Courses)

- _____ 1. Geography 2535 - Introduction to Planning
- _____ 2. Geography 4500 - Contemporary Issues and Problems in Planning (Series)
- _____ 3.-5. **Three of (Introductory Courses):**
 - _____ Anthropology 1000 - The Anthropological Perspective
 - _____ Economics 1010 - Introduction to Microeconomics
 - _____ Economics 1012 - Introduction to Macroeconomics
 - _____ Geography 1000 - Introduction to Physical Geography
 - _____ Geography 1200 - Introduction to Human Geography
 - _____ History 1000 - The Western World or History 1200 - World History
 - _____ Political Science 1000 - Introduction to Political Science
 - _____ Sociology 1000 - Introduction to Sociology
- _____ 6.-7. **Two of (Urban Studies):**
 - _____ Anthropology 3280 - Urban Anthropology
 - _____ Geography 3230 - Urban Social Geography
 - _____ Geography 3245 - Urbanization in Developing Countries
- _____ 8. **One of (Statistical Methods):**
 - _____ Geography 2700 - Geographical Data and Analysis
 - _____ Sociology 2130 - Quantitative Research Practice
 - _____ Statistics 1770 - Introduction to Probability and Statistics
- _____ 9. **One of (Research Techniques):**
 - _____ Economics 2900 - Economics and Business Statistics
 - _____ Geography 2735 - Introduction to Geographical Information Science
 - _____ Political Science 2610 - Introductory Research Methods
 - _____ Sociology 2100 - Research Methodology
 - _____ Sociology 3110 - Survey Research
 - _____ Sociology 3120 - Qualitative Research Methods
 - _____ Statistics 2780 - Statistical Inference
- _____ 10. **One of:**
 - _____ One course (3.0 credit hours) in English at the 1000 level or higher
 - _____ Writing 1000 - Introduction to Academic Writing
- _____ 11.-20.¹ **Options (10 courses):**
The ten options courses (30.0 credit hours) must draw from **at least two and no more than three** of the following disciplines. At least six of these courses (18.0 credit hours) must be at the 3000/4000 level.

Anthropology

- _____ Anthropology 2210
- _____ Anthropology 3280

Economics

- _____ Economics 2750
- _____ Economics 2900
- _____ Economics 3010
- _____ Economics 3012
- _____ Economics 3750
- _____ Economics 3950

Geography

- _____ Geography 1200
- _____ Geography 2210
- _____ Geography 3075
- _____ Geography 3230
- _____ Geography 3245
- _____ Geography 3255
- _____ Geography 3333/Women and Gender Studies 3333
- _____ Geography 4240
- _____ Geography 4350/Sociology 4350
- _____ Additional offerings of Geography 4500

History

- _____ History 2001

Political Science

- _____ Political Science 2210
- _____ Political Science 2511
- _____ Political Science 3210
- _____ Political Science 3250
- _____ Political Science 3262
- _____ Political Science 3511

Sociology

- _____ Sociology 2600
- _____ Sociology 3020
- _____ Sociology 3050
- _____ Sociology 3210
- _____ Sociology 3220

Notes

¹ Many of the Options courses require prerequisites, thus students should choose courses with this in mind.

A maximum of two courses (6.0 credit hours) chosen from Applied Studies, Independent Study, Series, and Topics courses in any of the above disciplines may be counted toward the Option courses in the major provided (1) they are clearly related to Urban and Regional Studies and (2) they are approved by the Urban and Regional Studies Coordinator.

Electives (20 Courses)

_____ 21.-40. Twenty additional courses (57.0 credit hours) chosen to complete program requirements

- _____ 21. _____
- _____ 22. _____
- _____ 23. _____
- _____ 24. _____
- _____ 25. _____
- _____ 26. _____
- _____ 27. _____
- _____ 28. _____
- _____ 29. _____
- _____ 30. _____
- _____ 31. _____
- _____ 32. _____
- _____ 33. _____
- _____ 34. _____
- _____ 35. _____
- _____ 36. _____
- _____ 37. _____
- _____ 38. _____
- _____ 39. _____
- _____ 40. _____



Name: _____

ID:

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Liberal Education List Requirement

Only four courses (12.0 credit hours) in total may be counted from any one discipline toward the Lib Ed Requirement. Disciplines are identified by separate course subject codes. Cross-listed courses count toward the limit for both disciplines (e.g. Geography 3225/Global Business 3225 counts toward the limit for Geography and Dhillon School of Business courses).

Only four courses (12.0 credit hours) in total from the Faculty of Education (EDUC), Faculty of Health Sciences (AMHC, HLSC, INHL, NURS, PUBH, and TREC), and the Dhillon School of Business (ACCT, AGEM, DGTR, FINC, GLBU, HRLR, IGBM, MGT, and MKTG) may be counted towards the Lib Ed Requirement.

To determine if a course has a Liberal Education designation, see School of Liberal Education in the 2026/2027 University of Lethbridge Undergraduate Calendar, www.ulethbridge.ca/ross/academic-calendar.

- _____ **1.-4. List I: Fine Arts and Humanities**
 - _____ 1. _____
 - _____ 2. _____
 - _____ 3. _____
 - _____ 4. _____

- _____ **5.-8. List II: Social Science**
 - _____ 5. _____
 - _____ 6. _____
 - _____ 7. _____
 - _____ 8. _____

- _____ **9.-12. List III: Science**
 - _____ 9. _____
 - _____ 10. _____
 - _____ 11. _____
 - _____ 12. _____

General Requirements

- _____ A minimum of 40 courses (120.0 credit hours) with a GPA of at least 2.00.
- _____ A maximum of five Independent Study courses (15.0 credit hours) may be completed for credit towards the degree.
- _____ A maximum of five Disciplinary Credit Applied Studies courses (15.0 credit hours) may be completed for credit towards the degree. Students may, in addition, complete Applied Studies 2000, 2001, 2010, and 2011.
- _____ A maximum of 24 courses (72.0 credit hours) may be completed from any one discipline for credit towards the degree. Disciplines are identified by a specific course label (e.g. KNES, ASTR, and HIST are separate disciplines).
- _____ A maximum of 6.0 credit hours in Activity courses (i.e. courses labelled PHAC and MUSE) may be completed for credit towards the degree, except for Kinesiology majors (not more than 15.0 credit hours) and Music majors (not more than 12.0 credit hours).
- _____ A maximum of six courses (18.0 credit hours) from disciplines offered outside the Faculty of Arts and Science, Faculty of Fine Arts, or School of Liberal Education may be completed for credit towards the degree (i.e. labelled ACCT, AGEM, AMHC, CDEV, CRED, DGTR, EDUC, FINC, GLBU, HLSC, HRLR, IGBM, INHL, MGT, MKTG, NURS, PUBH, and TREC). Courses cross-listed between the Faculty of Arts and Science and another Faculty or School do not count towards this limit.
- _____ Residence requirement: a minimum of 20 courses (60.0 credit hours) must be completed at the University of Lethbridge, including at least 10 courses (30.0 credit hours) from disciplines offered by the Faculty of Arts and Science, Faculty of Fine Arts, or School of Liberal Education at the 3000/4000 level. At least half of the courses required in the major must be completed at the University of Lethbridge.

A **maximum** of 12 courses (36.0 credit hours) may be completed at the 1000 level (or lower) for credit towards the degree, excluding Activity courses (labelled PHAC and MUSE) and courses numbered in the range of 0520 to 0530.

- _____ **1.-12. Introductory Course Limit**
 - _____ 1. _____
 - _____ 2. _____
 - _____ 3. _____
 - _____ 4. _____
 - _____ 5. _____
 - _____ 6. _____
 - _____ 7. _____
 - _____ 8. _____
 - _____ 9. _____
 - _____ 10. _____
 - _____ 11. _____
 - _____ 12. _____

A **minimum** of 15 courses (45.0 credit hours) from disciplines offered by the Faculty of Arts and Science, Faculty of Fine Arts, or School of Liberal Education at the 3000/4000 level, excluding Activity courses (labelled PHAC and MUSE). Out-of-faculty courses (i.e. labelled ACCT, AGEM, AMHC, CDEV, CRED, DGTR, EDUC, FINC, GLBU, HLSC, HRLR, IGBM, INHL, MGT, MKTG, NURS, PUBH, and TREC) will not meet this requirement.

- _____ **1.-15. Senior Course Requirement**
 - _____ 1. _____
 - _____ 2. _____
 - _____ 3. _____
 - _____ 4. _____
 - _____ 5. _____
 - _____ 6. _____
 - _____ 7. _____
 - _____ 8. _____
 - _____ 9. _____
 - _____ 10. _____
 - _____ 11. _____
 - _____ 12. _____
 - _____ 13. _____
 - _____ 14. _____
 - _____ 15. _____

Optional Minor: _____

For information about minors see **Minors** in the 2026/2027 University of Lethbridge Calendar, www.ulethbridge.ca/ross/academic-calendar. Consult with an Academic Advisor if you wish to add a minor to your program.

- _____ **1.-6. Required Courses**
 - _____ 1. _____
 - _____ 2. _____
 - _____ 3. _____
 - _____ 4. _____
 - _____ 5. _____
 - _____ 6. _____



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Shown below is the recommended sequence of courses for your degree. Consult timetables for course offerings, prerequisites, and corequisites before registering each term as some courses may have limited offerings (ie. once a year, alternating years, or only offered in the Fall or Winter terms).

Consult with an Academic Advisor in your faculty if you wish to alter this sequence with regard to the specifically listed courses.

Note that this sequence was prepared based on course scheduling at the time of publication and may change during your studies.

First Year

- One of: English 1900 or Writing 1000
- Core introductory course
- Core introductory course
- Core introductory course
- Options course
- Lib Ed Requirement course

Second Year

- Geography 2535**
- Core Statistical Methods course
- Core Urban Studies course
- Options course
- Options course
- Options course
- Lib Ed Requirement course
- Elective
- Elective
- Elective

Third Year

- Core Urban Studies course
- Core Research Techniques course
- Options course 3000/4000 level
- Options course 3000/4000 level
- Options course 3000/4000 level
- Elective 3000/4000 level
- Elective 3000/4000 level
- Elective
- Elective
- Elective

Fourth Year

- Geography 4500
- Options course 3000/4000 level
- Options course 3000/4000 level
- Options course 3000/4000 level
- Elective 3000/4000 level
- Elective 3000/4000 level
- Elective 3000/4000 level
- Elective 3000/4000 level
- Elective
- Elective

Note: Courses in bold in Years 1 and 2 of the sample sequence are prerequisite(s) for required courses and should be completed early in your program. Students are advised to review the prerequisites for elective courses within the major and plan accordingly.